(TMI Focus, Vol. XV, No. 4, Fall 1993)

BOOKS

These books may be acquired through your local bookstore. They are not necessarily available from TMI.

Healing Myself by Gari Carter … is Gari's inspiring story of how Hemi-Sync®, specifically the EMERGENCY SERIES, helped her to endure and heal from a series of painful reconstructive surgeries following a near-fatal car accident.

Out There, by Howard Blum (Pocket Star Books), is an account of the United States government's Unidentified Flying Object Working Group formed in 1987 to investigate the authenticity of the UFO phenomenon. The Monroe Institute is mentioned as a site for training the Army intelligence personnel involved to relieve stress through "advanced states of consciousness" and to learn to experience "hemisphere synchronization."

The Dolphin Tribe, by Ashleea Nielsen (White Dolphin Press), will be published in late August. This book is an outgrowth of Ashleea's intense interest in and exploration of interspecies communication between humans and dolphins and its possible value for healing ourselves and the planet. She makes generous mention of Bob Monroe's research, especially his development of the concept of NVC (non- verbal communication) and gives information for contacting the Institute.

Mind Trek, by Joe McMoneagle (Hampton Roads Publishing Company, Inc.), is Joe's personal account of how he developed his ability to "see" in the mind's eye things remote in time, in space, or in both time and space. Joe is a long-time associate of The Monroe Institute; *GATEWAY VOYAGE*® participants will remember his presentation on the topic of remote viewing as one of the high points of the course. Mind Trek includes guidelines on how to develop these abilities.

Whole Brain (Hampton Roads Publishing Company, Inc.) was compiled by Ronald Russell, a member of TMI's Professional Division and Board of Directors. Filled with firsthand experiences and professional and therapeutic applications of Hemi-Sync, it constitutes an excellent introduction to the technology and is likely to become a standard sourcebook for anyone wanting to know what Hemi-Sync is and what it does.

Hemi-Sync® is a registered trademark of Interstate Industries, Inc.
© 1993 The Monroe Institute